

Course: Intermediate Level 1

Day №10

What do you normally eat?



Is it good for you?

Day 10: Having a meal

Dialogue 1: Choosing what you're going to eat

Dialogue 2: Asking for some salt and a knife

*Dialogue 3: Explaining your dietary problem
to the attendant*

Dialogue 4: Asking for some more food

Dialogue 1: Choosing what you're going to eat

A: Which would you like for dinner, sir? Fish or beef?

B: Hmm. Which would you recommend?

A: Well, if you're a meat lover, then you should go with the beef.

B: Alright. I'll try the beef.

A: Here's your tray. Anything to drink?

B: I'd like a cup of tomato juice.

A: Here you are. Anything else?

B: No, thank you.



Dialogue 2: Asking for some salt and a knife

A: Excuse me. Could I get some salt? I can't find it anywhere.

B: The salt and pepper are in the packet, under your bread.

A: Oh, I'm sorry. I didn't notice.

B: That's all right. Do you need anything else?

A: Oh, yes. Could you get me another plastic knife?

I dropped mine.

B: Sure. Do you need anything else?

A: Well, I really like this small cup. Can I have this?

B: It's usually against the rules. But I'll let you have it.

A: Thanks.



Dialogue 3: Explaining your dietary problem to the flight attendant

A: Which would you like for dinner? Beef or chicken?

B: Oh, no. Don't you serve cup noodles?

A: No. I'm sorry. Are you a vegetarian?

B: No, I'm not. But my doctor strongly advised me
not to have any meat for a while. I have a heart problem.

A: Since you didn't order a vegetarian dish in advance,
I can't get you one.

B: I think I'd better have the chicken dish.
I'll take the meat out.

A: Okay. Here's your tray. Shall I get you some more bread?

B: That's okay. It's enough.

A: Thank you.



Dialogue 4: Asking for some more food

A: Excuse me. Are there going to be desserts after this meal?

B: Extra desserts won't be served. Would you like some snacks?

A: Yes, please. I'm still feeling kind of hungry.

B: Alright. Would you like some more food as well?

We still have the chicken.

A: Oh, no, no. I'm not that hungry. A snack would be fine.

B: What about some coffee? Do you want some, too?

A: Coffee would be nice. Thank you.



Fill in the blanks. Choose the correct answer.

1. I prefer fruits for _____.
2. Oh I am not allowed to eat meat, I'm _____.
3. Excuse me, I need one more _____ of sugar please.
4. All these items will be served in the _____ that you will be serving?
5. I don't want to go _____ your policies, please make sure this item is allowed.
6. You can choose between chips or peanuts for _____.
7. Add some salt and _____ to taste.
8. Is there _____ I can help you with, Ma'am?

packet

meal

dessert

vegetarian

against

snack

anything else

pepper



You were scheduled to fly abroad for business and your doctor just advised you to avoid eating certain types of food.

Task: Call the airline and specify what meal you prefer on your flight.

Make sure you mention the following details:

- *Your meals are monitored, no salt and sugar allowed*
- *You prefer chicken dishes without skin*
- *To keep an extra meal handy just in case you get hungry again.*
- *The doctor only allows you to use artificial sweetener for your coffee.*

***Thank you for
today!***

***I'm looking forward to
seeing you again!***

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