

English Through Reading and Speaking 2

Day No. 11

THE HUMAN BODY

The Human Body

Before Reading

- What does a human body consist of?
- Do you think you are healthy enough?

A person has a head, neck, **chest**, two arms, and two legs.

Also, a **human body** consists of **fat**, **muscles**, and **bones**.

Do you know how many bones there are in your body?

There are about 200 bones in a human body.

These bones protect our **organs**, such as the heart and **lungs**.

We need to have a good diet to have a healthy body.



Muscle



Bones in a Neck X-ray



Overweight Man

Select True or False

Track 02

- 1 The human body consists of fat, muscles, and bones. T / F
- 2 The human bones protect our fat and muscles. T / F
- 3 The heart and lungs are not organs but bones. T / F

★ **Reading Comprehension**

Track 03

Circle the best answer.

- 1 These bones protect our
☐ a skin ☐ b organs ☐ c teeth
- 2 We need to have a to have a healthy body.
☐ a junk food ☐ b heavy diet ☐ c good diet
- 3 What does the human body consist of?
☐ a hair ☐ b nails ☐ c muscles
- 4 How many bones are in the human body?
☐ a about 20 ☐ b about 120 ☐ c about 200

Describe
the picture

Circle the correct sentence.

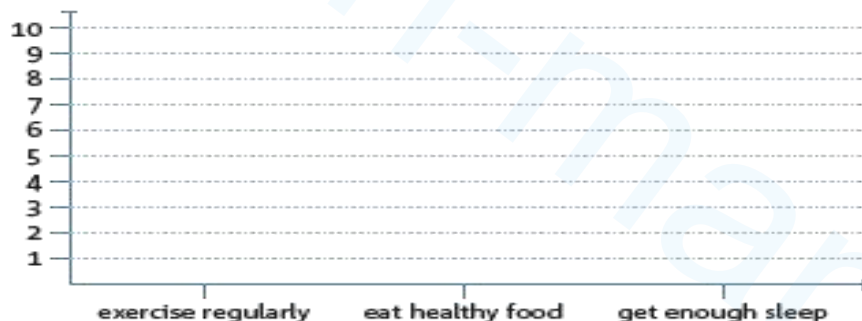


- 1 A fat boy is holding a basketball.
- 2 A fat boy and a thin boy are sitting on the bench.
- 3 Two fat boys are sitting on the bench.

Unit 1 The Human Body

Think

Make a bar chart! Show how hard you try to keep your body healthy.



- 1 The total score I got is _____ out of 30.
- 2 I think I (am / am not) healthy.

Word

Match the meaning of the words.

1 chest

2 arm

3 fat

4 muscle

5 bone

6 lung



Summary

Summarize the passage with the words. Change the word form if necessary.

diet

consist of

arm

bone

protect

There are a head, neck, chest, two _____, and two legs in the human body. It also _____ fat, muscles, and _____. There are about 200 bones and they _____ our organs. We have to have a good _____ to keep our body healthy.

Grammar

If the word is countable, put 'C', if it is uncountable, put 'UC'.

ex

fat: UCbone: C

1 bread :

2 organ :

3 information :

4 flower :

5 milk :

6 furniture :

Writing & Speaking*Answer the questions about the human body.*

- 1 What does a human body consist of?

.....

- 2 What do the bones do?

.....

- 3 What do we need to have a healthy body?

.....

Listening*Listen to the passage and fill in the blanks.* Track 01

A person has a head, neck, _____, two arms, and two legs. Also, a human body _____, _____, _____, _____, and bones. Do you know _____ there are in your body? There are _____ bones in a human body. These bones _____, _____, such as the _____ and _____. We need to have a good diet to have a _____.

***Thank you for
today!***

***We're looking forward to
seeing you again!***